



It's Back !

HEART & SOUL 2021 ANNUAL PICNIC

* Saturday, August 14, 2021 *

11:00 am to 3:00 pm

San Mateo Central Park

50 East 5th Ave at El Camino Real, San Mateo, CA

Celebrating our Mental Wellness Community

Please join us at our first 2021 In-person Community Gathering
with a day of great food, fun, games and good friends!

* BBQ * RAFFLE * Bingo * PRIZES *

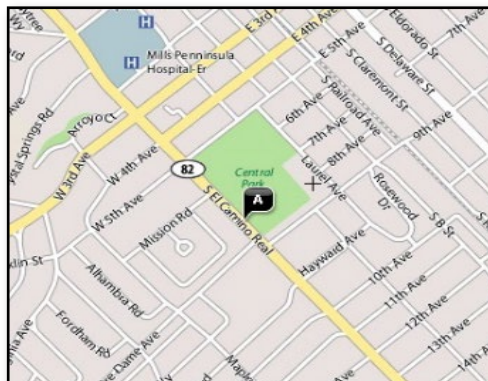
* Good Eats * ARTS & CRAFTS * Community *

* RECOVERY * Fun *

Parking is limited – Please use public transportation or car-pool if possible



For updates,
Check our Website:
www.heartandsoulinc.org



samTrans

ECR Bus