September 2020

Total Wellness Club Online Activities

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		1 TW Club FOH 11:00 am https://zoom.us/j/99684363420	2 TW Club True Hope 11:00 am https://zoom.us/j/97767941774	3 TW Club FOH 11:00 am https://zoom.us/j/99684363420	4 TW Club True Hope 11:00 am https://zoom.us/j/97767941774	5
6	7	8 TW Club FOH 11:00 am https://zoom.us/j/99684363420	9 TW Club True Hope 11:00 am https://zoom.us/j/97767941774	10 TW Club FOH 11:00 am https://zoom.us/j/99684363420	11 TW Club True Hope 11:00 am https://zoom.us/j/97767941774	12
13	14	15 TW Club FOH 11:00 am https://zoom.us/j/99684363420	16 TW Club True Hope 11:00 am https://zoom.us/j/97767941774	17 TW Club FOH 11:00 am https://zoom.us/j/99684363420	18 TW Club True Hope 11:00 am https://zoom.us/j/97767941774	19
20	21	22 TW Club FOH 11:00 am https://zoom.us/j/99684363420	23 TW Club True Hope 11:00 am https://zoom.us/j/97767941774	24 TW Club FOH 11:00 am https://zoom.us/j/99684363420	25 TW Club True Hope 11:00 am https://zoom.us/j/97767941774	26
27	28	29 TW Club FOH 11:00 am https://zoom.us/j/99684363420	30 TW Club True Hope 11:00 am https://zoom.us/j/97767941774	**Every Thursday at 2:00 pm on Zoom & FB Live** **Join us for Mindful Movement** **with Dr. Marcus Penn** https://zoom.us/j/91773999024		